



**THE HALF MARATHON
20KM KAURI RUN / WALK – COMPETITOR BRIEFING NOTES
Saturday 1st May 2021**

THE EVENT

Welcome to the 16th Great Kauri Run

The Great Kauri run is an off-road cross-country run/walk with a total distance of 20km.

It starts and finishes in the township of Coromandel. 200 years ago most of the Coromandel peninsula was covered in Kauri Forest. Today little remains of the original forest. We will plant a Kauri tree along the route for every competitor that takes part in the race and so that gradually over the years there will be an avenue of Kauri trees to run along. To date 3,615 trees have been planted a distance of 15km.

START

The start is opposite Patukirikiri Reserve by Jacks Point just outside (500m) of Coromandel town on the way to Long Bay. There will be a race briefing at 9.45am. You must sign in with the marshal at the start line – this is our safety control to inform us of who is starting the race. There are toilets close to the start line. The race will start at 10.00am sharp.

FINISH

The finish line is in the Coromandel School playing fields. At the end of the Success Track you will come onto a sealed road. You follow this to the end where you cross Rings Road over to the footpath, follow it into town (there will be marshals). You will be directed left into Victoria Road and will have one final river crossing before being directed into the School Playing Fields. There will be a detailed map in your race packs and both the course and route to the finish will be clearly marked.

DESCRIPTION OF COURSE

Stage 1 – Harray Track

Proceed over the Kauri Block Track to the start of the Harray Track. You will be directed inland onto the Harray Track which is a 5km off road track over to Rings Road. There are few steep sections on this track but in the main it is easy running. At Rings Road you will turn left and head on the left-hand side of the footpath before being directed across the road to Flays Road.

Stage 2 – Flays Road and the Old Horse Track

Proceed uphill along the Flays road. After just over 3km you will be directed right onto some single trail. You will continue to make your way up hill until you reach the Tokatea ridge track (pew). Here you will be directed right (do NOT turn left) and you will make your way along to the first water stop at the 12km mark.

Stage 3 – The Kaipawa

This is the most technical part of the run starting with a short and steep ascent to the Kaipawa track. Competitors will make their way up carefully to the Kaipawa trig, a distance of 4km, which is the highest point on the course at 560 metres above sea level.

Stage 4 – The Success

From the trig is all downhill, a magnificent gradual 5 km descent along the old Success mining trail down into the township of Coromandel and the finishing line at the school fields.

POTENTIAL HAZARDS

- **Getting Lost**

The route follows a mixture of tracks and forest roads. The route is well marked so please ensure that you keep to the track and follow the markings. In the unlikely situation of getting off the track retrace your steps to the previous marker.

If you do find that you have gone off track and are unable to orientate yourself and get back on course, you should first use your phone to call the organisers to seek assistance. The phone numbers to call are at the end of this sheet and should be loaded in your phones.

- **Tree Roots and rocks**

Part of the track is very technical and some of the downhill descents can be slippery (particularly the Kaipawa Trig track). Be especially careful on these parts of the track (there will be warning signs)

- **Mine Shafts**

On some parts of the course, particularly the Kaipawa track and Success track there are hidden mine shafts located off the track. Under no circumstances should you deviate from the marked tracks.

- **Injury**

In the event of injury try and walk out or back to the nearest aid station. If you can't walk tell one of your fellow competitors that you are in difficulty and they will alert the nearest marshal. If you come across an injured competitor, please help comfort them, stay with them if it is serious and ensure another competitor goes for help to the nearest aid station.

- **Hydration / Food**

Ensure you keep yourselves well hydrated and fueled during the event

- **Public Roads**

The course entails public road crossings, at Rings Road, Kennedy Bay Road Summit, Coromandel Hospital and Coromandel Town. Be sure to look out for traffic as you are crossing.

COMPULSORY EQUIPMENT / GEAR

The weather in Coromandel in May is generally settled but conditions can get very cold, wet and windy up on the Coromandel ranges at any time of the year. For this reason, you must carry or wear a windproof jacket, a full charged cell phone and polyprop or merino top and carry a survival blanket with you.

WATER AND FUEL STOPS

These will be provided at the following point:

- Top of Kennedy Bay Road- 11km mark

There will be water and R-Line electrolyte available along with bananas and jellybeans.

TAIL END CHARLIES

There will be tail- end Charlies following the last person on the run. They will explain their role at the race briefing.

MAP

You will be provided with a map of the course in your race pack. You should carry this with you on the race, just in case for some reason you get lost. If you do find that you have gone off track and are unable to orientate yourself and get back on course, you should first use your phone to call the organisers to seek assistance. The phone numbers to call are at the end of this sheet and should be loaded in your phones.

NUMBERS

Each competitor will be provided with a race number which must be visible at all times.

PRIZES

Prize Giving will be from 4.00pm by the finish area in the School Field. If it's raining, we will move to the School Hall. The overall Men's and Women's winners will receive a beautiful kauri bowl and a free entry into next years race. There will be prizes for the first three overall and prizes for the first in each age category.

RESULTS

These will be recorded on the web site after the race.

SAFETY / SECURITY

The race will be supported by comprehensive safety backup including land-based marshals and medical support on the course.

CONSIDERATION FOR THE LAND

To enable us to run this event we have sought permission from private landowners, DOC and other interested parties. It is important that we treat the land that we pass through with respect. To this end it is a compulsory requirement that everyone carry out their own rubbish including personal waste. Anyone who is seen littering will be disqualified.

KAURI DIEBACK

We ask you to clean all soil from footwear at home before checking in. Please also walk through the Kauri Dieback disinfection sponge mats that will be set up at the start.

KEY TELEPHONE NUMBERS

Ian Rowe – Communications	021-229-6764
Janice Mueller – Communications	021-753-020
Andy Reid – Event Organiser	0274-921-348
Rita Stephenson- Event Organiser	027-210-3734
Keith Stephenson – Event Organiser	027-265-1040